

Crook County Library

Summer Reading 2016:

Exercise Your Mind – Read!

Books

Brady, Frank

Endgame: Bobby Fischer's Remarkable Rise and Fall from America's Brightest Prodigy to the Edge of Madness (2012)

At first, all one noticed was how gifted Fischer was. Possessing a 181 I.Q. and remarkable powers of concentration, Bobby was only 13 when he became the youngest chess master in U.S. history. But his strange behavior started early. In 1972, at the historic Cold War showdown where he faced Soviet champion Boris Spassky, Fischer made headlines with hundreds of petty demands that nearly ended the competition. It was merely a prelude to what was to come... (*Biography*) JFS

Cushman, Anne

Moving into Meditation: A 12-Week Mindfulness Program for Yoga Practitioners (2014)

Moving into Meditation is a practical yet fresh guide to integrating mindful yoga and embodied meditation, in a 12-week format. One week at a time, Moving into Meditation lays out a plan for exploring body-based practices to get you more in tune with not only your limbs and core but your mind and heart. (*Fitness; Non-Fiction*) JK

Dreyer, Danny

Chi Running (2004)

Well-known walking and running coaches provide powerful insight that transforms running from a high-injury sport to a body-friendly, injury-free fitness phenomenon. Chi Running employs the deep power reserves in the core muscles, an approach found in disciplines such as yoga, Pilates, and T'ai Chi. (*Non-Fiction; Fitness*) MR

Fountain, Ben

Billy Lynn's Long Halftime Walk (2012)

Billy Lynn is 19 and already a war hero after footage of a fierce battle between his squad and Iraqi insurgents went viral. Briefly back from Iraq on a "victory tour" through the states, the young Silver Star winner lives an entire lifetime in one day: a patriotic Thanksgiving extravaganza at a Dallas Cowboys game. (*Satire; Black Comedy; Literary Fiction*) JFS

Gordon, Jaimy

Lord of Misrule (2010)

At the rock-bottom of the sport of kings sits the ruthless and often violent world of cheap horse racing, where trainers and jockeys, grooms and hotwalkers, loan sharks and touts, all scuffle to grab an edge, prove their fortune, or simply survive. Follow five characters, scarred and lonely dreamers, as they travel through one year and four races at Indian Mount Downs, immersed in an irresistible and addicting world of luck, pluck, comedy, mystery, and above all, horse racing. (*Horsereading, Fiction*) SF

Harris, Carrie

Bad Taste in Boys (2011)

Future physician Kate Grable is horrified when her high school's football coach gives team members steroids, but the drugs turn players into zombies and Kate must find an antidote before the flesh-eating monsters get to her or her friends. (*Paranormal; Satire*) JFS

Kazanjian, Howard and Chris Enss

The Death Row All Stars: A Story of Baseball, Corruption, and Murder (2014)

Out of the golden age of baseball comes the amazing true story of the men on Wyoming's death row who believed they'd be granted reprieves as long as they kept winning games on the diamond. Teams came from Nevada, Oregon, California, and throughout the west to face the legendary players of the Wyoming Penitentiary Death Row All Stars who had more at stake than local glory. (*Baseball; Historical Non-Fiction*) SF

Keegan, Nicola

Swimming (2009)

This is the story of a teenage girl's journey from a small Midwestern swim team to her first state meet, her brutal professional training, and the final, record-breaking swims that lead to her dizzying ascent to the Olympic podium in Barcelona. It's the story of a girl who discovers, in the loneliness of adolescence, in the family tragedies that threaten to engulf her, the resilience of the human spirit and the spectacular power of her own body. (YA) JK

Louv, Richard

Vitamin N: 500 Ways to Enrich the Health & Happiness of Your Family & Community (2016)

Vitamin N (for "nature") is a complete prescription for connecting with the power and joy of the natural world and getting outdoors with your family. (*Non-fiction, Guide*) AS

Olsson, Helen

The Down and Dirty Guide to Camping with Your Kids (2012)

Outlines economical options for family camping vacations, sharing irreverent, anecdotal, and practical guidelines for families with young children while explaining how to select gear and address needs with a minimum of stress. (*Non-fiction, Guide*) AS

Pirsig, Robert

Zen and the Art of Motorcycle Maintenance (1974)

An unforgettable narration of a summer motorcycle trip across America's Northwest, undertaken by a father and his young son. This is a story of love, fear, growth, discovery, and acceptance that becomes a profound personal and philosophical odyssey into life's fundamental questions. (*Biography; Philosophy*) MR

Viets, Elaine

Pumped for Murder (2011)

Helen Hawthorne and her new husband, Phil, have just opened a private investigation business. Their first client asks them to watch her husband, who she believes is body building at a gym to impress another woman. This leads Helen to another dead-end job, working as a receptionist at Fantastic Fitness, which requires her to work out as well. Meanwhile, Coronado Investigations takes on a decades-old murder case, keeping Helen busy and exhausted. (*Cozy Mystery*) JK

Warren, Rick

What on Earth Am I Here For? (2012)

Living out the purpose you were created for moves you beyond mere survival and success to a life of significance and the life you were meant to live. Transform your life. (*Spiritual Fitness; Christianity*) MR

Weber, Bruce

Life is a Wheel: Love, Death, etc., and a Bike Ride Across America (2014)

This witty and inspiring account is shared by Bruce Weber who, at the age of fifty-seven, made a solo bike journey across the U.S., starting from the west on the Oregon coast and ending in the east at the George Washington Bridge. Spinning his way across the states throughout the summer and fall, he reflects on the pleasures of cycling and the adventures he encountered along the way, both on the road and in life, all the while humorously attempting to stave off mortality through his traveling escapade. (*Memoir; Cross-Country Cycling*) SF

Zuckerman, Peter

Buried in the Sky (2012)

At once a gripping, white-knuckled adventure and a rich exploration of Sherpa customs and culture, *Buried in the Sky* re-creates one of the most dramatic catastrophes in alpine history from a fascinating new perspective. (*Non-Fiction*) AS

Movies

Chariots of Fire (1981)

The story, told in flashback, of two young British sprinters competing for fame in the 1924 Olympics. (*Sports*) AS

The King of Kong: A Fistful of Quarters (2007)

Named "Video Game Player of the Century" in 1999, Billy Mitchell sets a record score in Donkey Kong that many felt would never be broken. In 2003 Steve Wiebe, who has recently lost his job, learns about the record, sets out to beat it and does. Both men embark on a cross-country battle for inclusion in the 2007 Guinness Book of World Records as the supreme king of the electronic game. (*Documentary*) JFS

The Longest Ride (2015)

This is the story of a star-crossed love affair between Luke, a former champion bull rider looking to make a comeback, and Sophia, a college student who is about to embark upon her dream job in New York City's art world. Conflicting paths and ideals test their relationship. Inspiration comes from an altruistic act and the memories of an epic romance shared by the recipient of their kindness. (*Romance*) JK

McFarland, U.S.A. (2015)

Inspired by a true story, the movie follows the tale of washed-out football coach Jim White, the newcomer to the predominantly Latino high school in McFarland, an economically challenged town in California's farm-rich Central Valley. Seeing the talent in his athletes, the new coach uses their grit and determination to transform the failing football team into an unlikely band of cross-country runners, who eventually overcome the odds to forge not only a championship team but also a lasting legacy. (*Biography; Drama; Sports*) SF

On Any Sunday Revisited (2000)

Clouds of dust and the roar of engines accompany man and machine racing against the track, racing against each other, and perhaps racing against the very essence of speed itself. A new classic, a film infused with the humanity of the sport's greatest riders as they look back at racing's greatest riders as they look back on the thrills, the spills, and the movie that changed their lives. (*Racing; Documentary*) MR